|               | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|---------------|--|--|---|---|--|
| Breakfast     | Whole Grain<br>Cereal with<br>Milk   | Scrambled<br>Eggs with<br>Cheese and<br>Veggies                | French<br>Toast Sticks<br>with Juice                                      | Whole Grain<br>Cereal with<br>Milk                    | Honey Wheat English Muffins with Preserves                       |
| A.M.<br>Snack | Pretzel<br>Sticks with<br>Homemade<br>Veggie Dip                                   | Ritz<br>Crackers<br>with Fruit<br>Spread                       | Zucchini<br>Carrot<br>Muffins   | Fresh<br>Seasonal<br>Fruit                            | String<br>Cheese and<br>Juice                                    |
| Lunch         | Hamburger<br>on Whole<br>Wheat Bun,<br>Sweet<br>Potato<br>Fries, Pears<br>and Milk | Homemade<br>Tuna<br>Casserole,<br>Peas,<br>Peaches<br>and Milk | Homemade<br>Cheese<br>Pizza,<br>Salad,<br>Mandarin<br>Oranges and<br>Milk | Turkey with Gravy, Mixed Veggies, Applesauce and Milk | Turkey/<br>Cream<br>Cheese Roll<br>Ups,<br>Pineapple<br>and Milk |
| P.M.<br>Snack | Home Baked<br>Oatmeal<br>Raisin<br>Cookies   | Fruit and<br>Yogurt<br>Smoothies                               | Freshly<br>Baked Soft<br>Breadsticks<br>with<br>Marinara                  | Whole Grain<br>Chex Mix<br>with Juice                 | Fresh<br>Seasonal<br>Fruit                                       |

## Menu 2